



Plumas County Behavioral Health Commission
AGENDA

Chair: Kendrah Fredricksen
Secretary/Treasurer: Mimi Hall

Vice Chairperson: Bill Cook
Clerk to the Commission: N/A

AGENDA FOR THE REGULAR MEETING OF April 1, 2026, 1:00 P.M - 3:00 P.M.

**Location is Plumas County Board of Supervisors Meeting Room, 3rd Floor 520 Main St.
Quincy, CA 95971**

**Meetings are to be live streamed on countyofplumas.com - Live meetings
Join Zoom Meeting:**

<https://zoom.us/j/92678854009?pwd=SnlhWkhoWEtXZDVMZXRKWTVWRUVodz09>

Meeting ID: 926 7885 4009 Passcode: 482805 Call In:1-669-900-9128

The Plumas County Behavioral Health Commission welcomes you to its meetings which are regularly held on the first Wednesday of each month; your interest is encouraged and appreciated.

Members of the public may submit their comments in writing to be included in the public record.

REASONABLE ACCOMMODATIONS: In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact the Chair of the Board at (530) 283-6170. Notification 72 hours prior to the meeting will enable the County to make reasonable arrangements to ensure accessibility. Auxiliary aids and services are available for people with disabilities.

STANDING ORDERS

1:00 P.M. CALL TO ORDER

1. Roll Call
2. Pledge of Allegiance

ADDITIONS TO OR DELETIONS FROM THE AGENDA

1. Approve Agenda

PUBLIC COMMENT OPPORTUNITY:

Matters under the jurisdiction of the Commission, and not on the posted agenda, may be addressed by the general public at the beginning of the regular agenda and any off agenda matters before the Commission for consideration. However, California law prohibits the Commission from taking action on any matter which is not on the posted agenda. Any member of the public wishing to address the Commission during the “Public Comment” period will be limited to a maximum of 3 minutes.

ACTION AGENDA

1. BEHAVIORAL HEALTH COMMISSION (WIC 5604 COMMISSION) ACTION ITEMS:

- a. Review and approve draft PCBHC minutes of March 4, 2026.

2. INFORMATIONAL ANNOUNCEMENTS & REPORTS:

- a. Welcome to new commissioners Frank Carey and Valerie Sheldon
- b. Commissioners’ reports and announcements
- c. Presentation by SacValley Medshare on Health Information Exchange
- d. Review schedule for upcoming months:
 - i. May – discuss invitation to Steinberg Institute
 - ii. June – invite Public Health to reschedule Opioid planning, prevention and treatment programs related to Opioid Settlement Funds
- e. Reminder: PCBH Commission retreat on April 16, 2026, Courthouse Annex, BH Conference Room.

3. BEHAVIORAL HEALTH DEPARTMENT REPORTS:

- a. Substance Use Services (SUD/AOD) Report (Gary Sanderson)
 - i. Quality Assurance/Improvement
- b. Behavioral/Mental Health Services Report (Jessica McGill)
 - i. Quality Assurance/Improvement
 - ii. BHSA Report
- c. Director’s Report (Sharon Sousa)
 - i. Staffing
 - ii. Housing projects/plans for BH clients
 - iii. Mobile Crisis Unit discussion

ADJOURNMENT

Next scheduled meeting is May 6, 2026, from 1:00 – 3:00 pm, Plumas County Courthouse Board of Supervisors Meeting Room, 3rd Floor, 520 E. Main St., Quincy, CA 95971.